

Please complete this slip and place it in the oak box to the right of the door as you leave.

We value relationships. This helps us get better acquainted and helps us better serve you. Thanks!

**I/We are:**

- 1<sup>st</sup>  2<sup>nd</sup>  3<sup>rd</sup> time Guests  Regular attenders

**I/We heard about Word of Life**

from: \_\_\_\_\_

**I/We would like to know more about:**

- believing in Jesus
- being baptized into Jesus
- following Jesus
- helping at Word of Life
- serving in the community

Adult Name(s) *Please Print*

Youth/Children (grade)

Please complete unless our information is current:

Address

City, ST Zip

Her Email

Her Phone

His Email

His Phone

Needs, Questions or Comments

**Over for Requests/Thanksgivings & RSVP**

## Word of Life Family Prayer List

**We Thank the Lord...**

- for working through a wedding feast, a miraculous multiplication of food, breakfast, dinner at a tax collector's house, and for continuing to offer even Christ's body and blood through bread, wine and His Word for forgiveness and life
- for our guests and all who invited and brought them
- for \$512,388 given to our *Therefore Go* building fund
- for the marriage on Monday of **Hernan Orellana** and Irina Connaker
- for the leaders and participants in our BLESS LifeGroups
- for successful surgery for Lilly (**Stark**), for remission of Bob Baker's cancer (**Mitschke**)
- for the blessings and resources God has entrusted to our care and His promise to multiply them to build a bigger heaven and better lives.

**We Ask the Lord...**

- to inspire and empower us to begin with prayer and listen to the people around us, to offer friendship, fellowship, conversation, intimacy, closeness and blessing through shared meals
- to bless missionary pastor Solomon Yadessa and the people of Oromo Evangelical as they reach out to people in Dallas and beyond
- to bless our attenders, community, state, nation and world
- to bless all leaders with godly wisdom and guide them to lead according to His will
- to bless victims of violence, oppression and disaster
- for sobriety for those with addictions
- to restore broken marriages, engage unengaged parents, heal broken families, reconcile estranged family members
- for healing, companionship and a return to faith for Kseniia
- to make us a blessing to others
- for teamwork in the workplace
- to bless Frances Johnson's move to Arizona (**Christiansen**)
- to bless and protect our deployed troops and their families, especially **Matthew Brooks**
- for a safe pregnancy and delivery for Joy and Michael Silva (**Fennigkoh**), Trinity and Logan Neahrng (**Leal**)
- to grant comfort and peace in their last days to Charlene Simms (**Stevens**), Bernard Sowinski (**Valentine**) and grant strength and rest to their families and caregivers
- to comfort the family and friends of Shirley Baumgartner (**Edwards**), Carolyn Skov, Milton Friesenhahn (**Mitschke**), Bill Grom, Irma Johnson, Zelpha Franzmann (**Stark**) as they mourn their deaths
- to bless Cecilia Friesenhahn & her family (**Flowers**)
- to heal **Comonek James, Dave Christiansen, Suzi Malone, Peggy Myers, Denise Bruce, Neil & Jean Craigmile, Joyce Givens, Patty Stevens**, Paul Krish (**Akridge**), Janice Tolin (**Bruce**), Mary Pargmann, Erica, Levon, Reno Engel, Amber Lozano, Annaliese Schultz (**Dominguez**), Omi, Bethany (**Dunaway**), Daniel Muller (**Grossart**), Cheryl Fields, Tracy Parks (**Hatfield**), Leonard Mitschke, Mike Baksic, Iris Trahan, Alex Murray, Benny & Lillian Mitschke, Pastors Don Black, Walter Dube, David Goeke (**Mitschke**), Baby Zayn (**Molina**), Clayton (**Pawelek**), Phil (**Peterson**), David Rubel (**Rubel**), Heather Zakarian (**Smith**), Lori Sticka (**Stafford**), Bud, Riley (**Stemmermann**), Kay Jay, Evan Hance (**Stevens**), Jeanie Rosenburg, Tonja Brewer (**Vallejo**), Rita (**Wallrich**), Walter, Colleen Weissmann (**Weissmann**), Eric Hairston, Rhonda (**Williams**)
- to heal those battling cancer: Linda Sue Southard (**Apao**), Monica Mann (**Christiansen**), Guy Morgan (**Craigmile**), Patty Coffey, Betty Ruff (**Dominguez**), Rhonda Reyes, Kris Frett, Margaret Swartz (**Edwards**), James Maina, Shelby Renton (**Hatfield**), Pastors Ken Lieber & Wayne Graumann, Vincent Sorrentino Jr., Laurine Watson, Kathy Jennings (**Mitschke**), Phyllis Thompson, Maria Molina (**Molina**), Meredith Powell (**Nightingale**), Dave Peterson (**Peterson**), James Corbin (**Stevens**), Adrian Russell (**Vallejo**), Terry Walker (**Wagner**)
- to help those we now name in our hearts and minds
- to connect people to Jesus and His kingdom.

Please take this home so you may review and apply this week's LifeLesson and keep your Word of Life family in your prayers throughout the week. Please keep this list current by sharing updates on your Info slip.

## Word of Life Fellowship

October 8, 2023

Traditional 8:30 am  
Contemporary 9:45 am  
Contemporary 11:00 am

213 Coy Lane  
Cibolo, Texas 78108  
210-566-2237

[www.WordofLife4u.com](http://www.WordofLife4u.com)

BetterLife@WordofLife4u.com

*Building a bigger heaven & better lives!*

*How to BLESS Your Neighbor*

# Eat

*Pastor Ken Mitschke*

\_\_\_\_\_ is one of the best ways to carry out Jesus' mission.

Our mission: To join Jesus in building a bigger heaven and better lives.

\_\_\_\_\_ Practices

**B** \_\_\_\_\_ with \_\_\_\_\_.

**L** \_\_\_\_\_

**E** \_\_\_\_\_

**Eating with people has unexpected benefits.**

Some of the specific benefits of family dinners for children and youth:

- Better academic performance
  - Higher self-esteem
  - Greater sense of resilience
  - Lower risk of substance abuse
  - Lower risk of teen pregnancy
  - Lower risk of depression
  - Lower rates of obesity
- There are also benefits for adults, including:
- Better nutrition with more fruits and vegetables and less fast food
  - Increased self-esteem
  - Lower risk of depression – [www.thefamilydinnerproject.org](http://www.thefamilydinnerproject.org)

Eating with people has enormous \_\_\_\_\_ for children and adults.

**Eating with people is a big part of Jesus' mission.**

In Luke alone, there are \_\_\_\_\_ stories of Jesus dining with people.

\_\_\_\_\_ are a big part of Jesus' mission:

- He performed His first miracle at a wedding feast (John 2:1-12).
- He fed 5000 people on a hill in the countryside (John 14:13-21).
- The night before His crucifixion, He instituted Holy Communion with His closest friends (Luke 22:7-20).
- After His resurrection, He shared breakfast on the beach with his disciples (John 21:1-14).

In Jesus' culture meals indicated intimate

\_\_\_\_\_ and friendship, which is why the religious leaders thought it scandalous for Jesus to eat with the lowest and most despised people.

Matthew 9:9-13 (GW) - When Jesus was leaving that place, he saw a man sitting in a tax office. The man's name was Matthew. Jesus said to him, "Follow me!" So Matthew got up and followed him. Later Jesus was having dinner at Matthew's house. Many tax collectors and sinners came to eat with Jesus and his disciples. The Pharisees saw this and asked his disciples, "Why does your teacher eat with tax collectors and sinners?" When Jesus heard that, he said, "Healthy people don't need a doctor; those who are sick do. Learn what this means: 'I want mercy, not sacrifices.' I've come to call sinners, not people who think they have God's approval."

Jesus went to Matthew's house to \_\_\_\_\_.

Jesus eats with \_\_\_\_\_ and \_\_\_\_\_.

"I want mercy, not sacrifices."

A Pharisee's first priority is following rules.

Jesus' first priority is \_\_\_\_\_.

Luke 7:34 (GW) -The Son of Man has come eating and drinking, and you say, 'Look at him! He's a glutton and a drunk, a friend of tax collectors and sinners!'

Jesus was neither a drunkard nor glutton, be He so \_\_\_\_\_ and \_\_\_\_\_ with people who were that He was accused of it.

He continues to bless us by sharing bread and wine and His very body and blood with us in the \_\_\_\_\_

\_\_\_\_\_, blessing us with forgiveness and life.

Eating is \_\_\_\_\_ to Jesus' mission. He blesses people by sharing \_\_\_\_\_ with them.

### BLESS people by eating with them.

"When we invite friends for a meal, we do much more than offer them food for their bodies. We offer friendship, fellowship, good conversation, intimacy, and closeness. When we say, 'Help yourself... take some more... don't be shy... have another glass...' we offer our guests not only our food and drink but also ourselves. A spiritual bond grows, and we become food and drink for one another." -Henri J.M. Nouwen

Who on my BLESS Card will I bless with a \_\_\_\_\_?

Excuse #1: I don't like to have people in my home.

Eat \_\_\_\_\_ out.

Excuse #2: I wouldn't know what to say.

\_\_\_\_\_ and listen:  
Tell me about where you grew up.  
Tell me about jobs you've had.  
Tell me about where you've lived, traveled.  
Tell me about things you enjoy.  
Tell me about your dreams for the future.  
Tell me how you met, about your family.

Excuse #3: I just don't have time.

Use one of \_\_\_\_\_ built-in opportunities.

Invite people to join your LifeGroup for a \_\_\_\_\_ or \_\_\_\_\_ once a month.

What would happen if we began with prayer, listened, and began eating regularly with people on our BLESS cards?

- We would move beyond hoping to really helping people experience better and eternal life.
- We would BLESS the people around us!
- We would be blessed by the people around us!
- We would join Jesus in building a bigger heaven and better lives.

## Prayer Requests/Thanksgivings:

Confidential - for pastor only

Please **PRINT CLEARLY**

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These requests/thanksgivings may be removed:

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I want to invite the following people to Word of Life. Please pray for them and me.

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## RSVP

### GriefShare Options

Yes! I'd like to participate in GriefShare.  
Please **rank** your choice of meeting times (1st, 2nd and 3rd):

- \_\_ Sunday afternoon or evening
- \_\_ Tuesday evening
- \_\_ Saturday afternoon or evening

### Nomination Recommendations

I recommend \_\_\_\_\_  
for nomination to the Leadership TEAM.

\_\_\_\_\_  
Name(s) Email