

Buzz Spring 20 Week 8

Thomas Touches Jesus' Wounds

John 20:24-29

Bible Point: We believe Jesus is alive.

Tip for Children's Ministry Director:

If you're sending this lesson to families, send it as is! If you're recording a video, either pause for the discussion questions or tell families to pause the video while they share.

Bold text is spoken text.

Buzz Bond

Each person can choose between these two options:

- Tell each person in your family one thing you like about them.
- Answer this question: If your life were a book, what would the title be?

God Sightings

To help kids look for God all the time, tell about a time this week you saw God at work in your life. Then encourage your kids to share stories of their own.

Bible Buzz

People Smart: Share It!

Supplies: paper, pencils, scissors, tape

SAY: WE BELIEVE JESUS IS ALIVE. One of Jesus' disciples said he'd only believe that Jesus was alive if he had some particular evidence that sounds kind of gross. It's right here in the Bible. Read John 20:24-25.

Touch one of your own wounds or scars, and think about how you got it. Show it to your family as evidence (if you can) as you tell what happened. Pause.

Everyone will each cut out two small circles that fit in the palm of their hand. Read John 20:26-28.

SAY: Thomas got the evidence he needed in order to believe Jesus was alive. On each circle, write one reason you believe Jesus is alive. Allow time for everyone to write. Parents can help younger kids if needed. Everyone will tape the circles to the palms of their hands. Then everyone will hold up their hands and share the reasons they wrote on the circles as they show them off.

ASK: Why did Thomas finally believe Jesus was alive?

Why do the things you wrote on your circles help you believe Jesus is alive?

Read John 20:29.

ASK: What does this verse mean to you?

SAY: Thomas needed to touch Jesus' wounds before he'd believe that Jesus was alive. We can't see Jesus, but WE BELIEVE JESUS IS ALIVE because of what we see, hear, feel, and experience each day with God. As you look at the pieces of paper on your palms, remember the wounds on Jesus' palms and what he went through on the cross to give us life and save us from our sins.

Nature Smart: Explore It!

SAY: This time of year, our world is filled with things that are living and things that are dead.

ASK: What are some signs that something is dead?

What are some signs that something is alive?

SAY: Let's take a look around to see how many living things we can find.

Everyone will look out their windows or around the house to find things that are alive, counting as many things as possible and pointing out evidence that each item is living.

ASK: What signs did people see to know that Jesus was alive?

What helps you believe Jesus is alive?

SAY: When Jesus' friends saw that he was alive, they knew that everything Jesus said is true. They knew that God does love us and does want to forgive us. We can believe what they saw because WE BELIEVE JESUS IS ALIVE.

Buzz In Action

Each person can choose one of these two actions:

- Share the one word from today's Bible point (we believe Jesus is alive) that's most important to you, and why.

- Pretend you're a movie director creating a movie that shows someone living out the Bible point (we believe Jesus is alive). Act out a scene from that movie.

Let's Pray

Everyone will work together to write a song to the tune of Twinkle, Twinkle, Little Star. The song should be a prayer to God.